

WEBVTT

00:00:00.000 --> 00:00:03.096 Funding for Yale Cancer Answers is

NOTE Confidence: 0.811137506363636

00:00:03.096 --> 00:00:06.020 provided by Smilow Cancer Hospital.

NOTE Confidence: 0.811137506363636

00:00:06.020 --> 00:00:08.250 Welcome to Yale Cancer Answers

NOTE Confidence: 0.811137506363636

00:00:08.250 --> 00:00:10.034 with Doctor Anees Chagpar.

NOTE Confidence: 0.811137506363636

00:00:10.040 --> 00:00:11.890 Yale Cancer Answers features the

NOTE Confidence: 0.811137506363636

00:00:11.890 --> 00:00:13.370 latest information on cancer

NOTE Confidence: 0.811137506363636

00:00:13.370 --> 00:00:15.265 care by welcoming oncologists and

NOTE Confidence: 0.811137506363636

00:00:15.265 --> 00:00:17.455 specialists who are in the forefront

NOTE Confidence: 0.811137506363636

00:00:17.514 --> 00:00:19.200 of the battle to fight cancer.

NOTE Confidence: 0.811137506363636

00:00:19.200 --> 00:00:21.288 This week, it's a conversation about

NOTE Confidence: 0.811137506363636

00:00:21.288 --> 00:00:23.500 palliative care with Doctor Andrew Putnam.

NOTE Confidence: 0.811137506363636

00:00:23.500 --> 00:00:25.190 Doctor Putnam is an assistant

NOTE Confidence: 0.811137506363636

00:00:25.190 --> 00:00:26.542 professor of clinical medicine

NOTE Confidence: 0.811137506363636

00:00:26.542 --> 00:00:28.437 at the Yale School of Medicine,

NOTE Confidence: 0.811137506363636

00:00:28.440 --> 00:00:31.345 where Doctor Chagpar is a

NOTE Confidence: 0.811137506363636

00:00:31.345 --> 00:00:34.020 professor of surgical oncology.  
NOTE Confidence: 0.911622381818182

00:00:34.030 --> 00:00:35.843 Andrew, maybe we can start off by  
NOTE Confidence: 0.911622381818182

00:00:35.843 --> 00:00:37.699 you telling us a little bit more  
NOTE Confidence: 0.911622381818182

00:00:37.699 --> 00:00:39.659 about yourself and what it is you do.  
NOTE Confidence: 0.834954970625

00:00:40.070 --> 00:00:42.919 I went to medical school thinking I  
NOTE Confidence: 0.834954970625

00:00:42.919 --> 00:00:46.427 wanted to be a small town doctor  
NOTE Confidence: 0.834954970625

00:00:46.430 --> 00:00:48.397 and went to residency and found out  
NOTE Confidence: 0.834954970625

00:00:48.397 --> 00:00:50.110 that I like talking to patients  
NOTE Confidence: 0.834954970625

00:00:50.110 --> 00:00:52.350 too much to be able to do that  
NOTE Confidence: 0.834954970625

00:00:52.350 --> 00:00:54.108 because you you're not allowed  
NOTE Confidence: 0.834954970625

00:00:54.108 --> 00:00:57.318 a lot of time for family doctors.  
NOTE Confidence: 0.834954970625

00:00:57.318 --> 00:01:00.810 So I found this new specialty  
NOTE Confidence: 0.834954970625

00:01:00.920 --> 00:01:03.398 called palliative care  
NOTE Confidence: 0.834954970625

00:01:03.400 --> 00:01:06.214 and have been doing that ever since.  
NOTE Confidence: 0.834954970625

00:01:06.220 --> 00:01:08.980 So I'm a palliative care physician at Yale,  
NOTE Confidence: 0.834954970625

00:01:08.980 --> 00:01:12.298 and we do pain and symptom management.

NOTE Confidence: 0.834954970625

00:01:12.300 --> 00:01:16.938 We do goals of care conversations.

NOTE Confidence: 0.834954970625

00:01:16.940 --> 00:01:19.380 We help other physicians take

NOTE Confidence: 0.834954970625

00:01:19.380 --> 00:01:21.332 care of their patients.

NOTE Confidence: 0.834954970625

00:01:21.340 --> 00:01:23.846 We're an extra layer of support.

NOTE Confidence: 0.911476620625

00:01:24.500 --> 00:01:26.120 So we've had people

NOTE Confidence: 0.911476620625

00:01:26.120 --> 00:01:28.180 on that show and we've talked

NOTE Confidence: 0.911476620625

00:01:28.180 --> 00:01:30.020 previously about palliative care.

NOTE Confidence: 0.911476620625

00:01:30.020 --> 00:01:33.800 But for those who may be unaware,

NOTE Confidence: 0.911476620625

00:01:33.800 --> 00:01:36.616 tell us a little bit more about what

NOTE Confidence: 0.911476620625

00:01:36.616 --> 00:01:38.513 exactly palliative care is because it

NOTE Confidence: 0.911476620625

00:01:38.513 --> 00:01:40.710 seems to me that there is sometimes

NOTE Confidence: 0.911476620625

00:01:40.710 --> 00:01:43.256 some confusion around the term.

NOTE Confidence: 0.911476620625

00:01:43.256 --> 00:01:45.748 Some people think it means pain and

NOTE Confidence: 0.911476620625

00:01:45.748 --> 00:01:47.314 symptom management, some people

NOTE Confidence: 0.911476620625

00:01:47.314 --> 00:01:51.260 think it means end of life Hospice care.

NOTE Confidence: 0.911476620625

00:01:51.260 --> 00:01:53.078 Can you tell us a bit more about what  
NOTE Confidence: 0.911476620625

00:01:53.078 --> 00:01:54.926 your definition of palliative care is?  
NOTE Confidence: 0.903528782

00:01:55.040 --> 00:01:58.300 I'd be glad to, thank you.  
NOTE Confidence: 0.903528782

00:01:58.300 --> 00:02:01.084 I guess part of the the confusion stems  
NOTE Confidence: 0.903528782

00:02:01.084 --> 00:02:04.146 from actually the official  
NOTE Confidence: 0.903528782

00:02:04.146 --> 00:02:07.508 title of my medical specialty is Hospice  
NOTE Confidence: 0.903528782

00:02:07.508 --> 00:02:09.998 and palliative medicine put together.  
NOTE Confidence: 0.903528782

00:02:10.000 --> 00:02:13.303 So the way I think about it is  
NOTE Confidence: 0.903528782

00:02:13.303 --> 00:02:16.480 Hospice is part of palliative medicine,  
NOTE Confidence: 0.903528782

00:02:16.480 --> 00:02:18.952 but a small part. So some of the  
NOTE Confidence: 0.903528782

00:02:18.952 --> 00:02:21.089 patients I see are end of life,  
NOTE Confidence: 0.903528782

00:02:21.090 --> 00:02:24.546 but some of the patients I see are very  
NOTE Confidence: 0.903528782

00:02:24.546 --> 00:02:27.407 early in their disease trajectory.  
NOTE Confidence: 0.903528782

00:02:27.410 --> 00:02:30.310 I got called a couple of weeks ago by an  
NOTE Confidence: 0.903528782

00:02:30.385 --> 00:02:32.779 oncologist saying I've got this patient  
NOTE Confidence: 0.903528782

00:02:32.779 --> 00:02:36.189 who I'd like to treat with chemotherapy,

NOTE Confidence: 0.903528782

00:02:36.190 --> 00:02:38.008 however, his pain is so bad

NOTE Confidence: 0.903528782

00:02:38.008 --> 00:02:40.190 that he's in bed all the time.

NOTE Confidence: 0.903528782

00:02:40.190 --> 00:02:41.654 Can you, Doctor Putnam,

NOTE Confidence: 0.903528782

00:02:41.654 --> 00:02:44.965 please come and help me get his pain under

NOTE Confidence: 0.903528782

00:02:44.965 --> 00:02:48.030 control so that I can treat this patient?

NOTE Confidence: 0.903528782

00:02:48.030 --> 00:02:52.187 And there's a fair bit of that where we

NOTE Confidence: 0.903528782

00:02:52.187 --> 00:02:55.363 treat the the symptoms caused by the disease,

NOTE Confidence: 0.903528782

00:02:55.370 --> 00:02:57.142 we treat the symptoms

NOTE Confidence: 0.903528782

00:02:57.142 --> 00:03:00.306 caused by the treatments.

NOTE Confidence: 0.903528782

00:03:00.306 --> 00:03:04.740 But it is confusing.

NOTE Confidence: 0.903528782

00:03:04.740 --> 00:03:06.932 A few weeks ago I walked into a

NOTE Confidence: 0.903528782

00:03:06.932 --> 00:03:08.437 patient's room in the hospital,

NOTE Confidence: 0.903528782

00:03:08.440 --> 00:03:10.000 said I'm from palliative care

NOTE Confidence: 0.903528782

00:03:10.000 --> 00:03:11.840 and the patient started to cry thinking it was end of life.

00:03:17.540 --> 00:03:21.236 In my practice probably about

NOTE Confidence: 0.903528782

00:03:21.236 --> 00:03:25.965 20% is Hospice and 80% or so are people

NOTE Confidence: 0.903528782

00:03:25.965 --> 00:03:28.002 much earlier in their disease and

NOTE Confidence: 0.903528782

00:03:28.002 --> 00:03:30.333 I'm trying to help them get treated.

NOTE Confidence: 0.908855134583333

00:03:31.840 --> 00:03:34.288 But I think part of the issue

NOTE Confidence: 0.908855134583333

00:03:34.288 --> 00:03:36.892 is that there are many people who do

NOTE Confidence: 0.908855134583333

00:03:36.892 --> 00:03:39.068 parts and parcels of the same thing.

NOTE Confidence: 0.908855134583333

00:03:39.070 --> 00:03:41.644 So for example, the story that

NOTE Confidence: 0.908855134583333

00:03:41.644 --> 00:03:43.878 you told earlier about

NOTE Confidence: 0.908855134583333

00:03:43.878 --> 00:03:45.950 treating a patient who has pain so that

NOTE Confidence: 0.908855134583333

00:03:46.003 --> 00:03:47.987 you could get the pain under control so

NOTE Confidence: 0.908855134583333

00:03:47.987 --> 00:03:50.390 that he could be treated with chemotherapy.

NOTE Confidence: 0.908855134583333

00:03:50.390 --> 00:03:52.964 Some people would think that that

NOTE Confidence: 0.908855134583333

00:03:52.964 --> 00:03:56.040 patient should have been referred to a

NOTE Confidence: 0.908855134583333

00:03:56.040 --> 00:03:58.602 pain service or an anesthesia service.

NOTE Confidence: 0.908855134583333

00:03:58.610 --> 00:04:01.877 Can you tell us about the overlap

NOTE Confidence: 0.908855134583333

00:04:01.880 --> 00:04:03.570 that exists between palliative care

NOTE Confidence: 0.908855134583333

00:04:03.570 --> 00:04:06.040 and a number of other specialties?

NOTE Confidence: 0.815611411666667

00:04:07.300 --> 00:04:11.296 That's a great question.

NOTE Confidence: 0.815611411666667

00:04:11.300 --> 00:04:15.374 So palliative medicine,

NOTE Confidence: 0.815611411666667

00:04:15.380 --> 00:04:16.997 I'm part of a Cancer Center.

NOTE Confidence: 0.815611411666667

00:04:17.000 --> 00:04:19.568 So if a patient has cancer,

NOTE Confidence: 0.815611411666667

00:04:19.570 --> 00:04:21.844 the oncologist treats the cancer and

NOTE Confidence: 0.815611411666667

00:04:21.844 --> 00:04:24.506 some of the things the oncologist does

NOTE Confidence: 0.815611411666667

00:04:24.506 --> 00:04:27.500 may make the patient not feel so great,

NOTE Confidence: 0.815611411666667

00:04:27.500 --> 00:04:29.180 losing their hair, nausea.

NOTE Confidence: 0.815611411666667

00:04:29.180 --> 00:04:31.244 People hear about this,

NOTE Confidence: 0.815611411666667

00:04:31.244 --> 00:04:32.774 but they're treating the cancer.

00:04:34.492 --> 00:04:36.632 Palliative medicine is the other

NOTE Confidence: 0.815611411666667

00:04:36.632 --> 00:04:38.794 side of the coin, I guess.

NOTE Confidence: 0.815611411666667

00:04:38.794 --> 00:04:41.188 I don't do anything about the cancer.

NOTE Confidence: 0.815611411666667

00:04:41.190 --> 00:04:43.020 My job is just to make

NOTE Confidence: 0.815611411666667

00:04:43.020 --> 00:04:44.240 the patient feel better.

NOTE Confidence: 0.815611411666667  
00:04:44.240 --> 00:04:47.050 And whether that's pain and  
NOTE Confidence: 0.815611411666667  
00:04:47.050 --> 00:04:48.736 symptom management discussions,  
NOTE Confidence: 0.815611411666667  
00:04:48.740 --> 00:04:52.004 we do a lot of talking with patients  
NOTE Confidence: 0.815611411666667  
00:04:52.004 --> 00:04:55.220 about how to approach their disease.  
NOTE Confidence: 0.815611411666667  
00:04:55.220 --> 00:04:58.226 We give a lot of support.  
NOTE Confidence: 0.815611411666667  
00:04:58.230 --> 00:05:00.816 If a patient has pain,  
NOTE Confidence: 0.815611411666667  
00:05:00.820 --> 00:05:02.260 if they go to anesthesia,  
00:05:03.466 --> 00:05:05.878 if they can treat the pain,  
NOTE Confidence: 0.815611411666667  
00:05:05.880 --> 00:05:08.820 they'll usually use needles or some  
NOTE Confidence: 0.815611411666667  
00:05:08.820 --> 00:05:10.940 nerve block, something like that,  
NOTE Confidence: 0.815611411666667  
00:05:10.940 --> 00:05:12.460 which I don't do.  
NOTE Confidence: 0.815611411666667  
00:05:12.460 --> 00:05:15.184 So sometimes we do send people  
NOTE Confidence: 0.815611411666667  
00:05:15.184 --> 00:05:17.759 who have specific needs to them,  
NOTE Confidence: 0.815611411666667  
00:05:17.760 --> 00:05:20.172 but for pain service,  
NOTE Confidence: 0.815611411666667  
00:05:20.172 --> 00:05:21.654 palliative medicine,  
NOTE Confidence: 0.815611411666667  
00:05:21.654 --> 00:05:24.578 one big part of our job is to take the



NOTE Confidence: 0.815611411666667  
00:05:24.578 --> 00:05:27.273 patient and take all the different parts,  
NOTE Confidence: 0.815611411666667  
00:05:27.280 --> 00:05:29.740 the cancer, the lungs, the heart,  
NOTE Confidence: 0.815611411666667  
00:05:29.740 --> 00:05:31.948 all the different parts that may be treated  
NOTE Confidence: 0.815611411666667  
00:05:31.948 --> 00:05:34.239 and put it together to make the person,  
NOTE Confidence: 0.815611411666667  
00:05:34.240 --> 00:05:36.920 and we treat the person.  
NOTE Confidence: 0.815611411666667  
00:05:36.920 --> 00:05:38.204 My team and I,  
NOTE Confidence: 0.815611411666667  
00:05:38.204 --> 00:05:40.737 our job is to help the patient  
NOTE Confidence: 0.815611411666667  
00:05:40.737 --> 00:05:43.337 get through what's going on.  
NOTE Confidence: 0.815611411666667  
00:05:43.340 --> 00:05:45.676 So pain is one thing that we do,  
NOTE Confidence: 0.815611411666667  
00:05:45.680 --> 00:05:46.608 but it's only part.  
NOTE Confidence: 0.9218901375  
00:05:47.900 --> 00:05:50.020 So tell us more about the other parts.  
NOTE Confidence: 0.9218901375  
00:05:50.020 --> 00:05:52.001 I mean, you mentioned you and your  
NOTE Confidence: 0.9218901375  
00:05:52.001 --> 00:05:54.685 team and I think that's one of the  
NOTE Confidence: 0.9218901375  
00:05:54.685 --> 00:05:56.859 big things about palliative care is  
NOTE Confidence: 0.9218901375  
00:05:56.859 --> 00:05:58.589 that it is this multidisciplinary  
NOTE Confidence: 0.9218901375

00:05:58.589 --> 00:06:00.560 team that has many different parts.  
NOTE Confidence: 0.9218901375

00:06:00.560 --> 00:06:03.210 Can you talk a little bit more about that?  
NOTE Confidence: 0.886113641666667

00:06:03.560 --> 00:06:05.456 I'd be glad to. Thank you.  
NOTE Confidence: 0.886113641666667

00:06:05.460 --> 00:06:10.904 So in much of medicine,  
NOTE Confidence: 0.886113641666667

00:06:10.904 --> 00:06:13.510 it's usually the Doctor at the  
NOTE Confidence: 0.886113641666667

00:06:13.510 --> 00:06:15.730 top and everyone else,  
NOTE Confidence: 0.886113641666667

00:06:15.730 --> 00:06:19.174 their job is to support the doctor.  
NOTE Confidence: 0.886113641666667

00:06:19.180 --> 00:06:21.298 In palliative medicine, it's very different.  
NOTE Confidence: 0.886113641666667

00:06:21.300 --> 00:06:24.276 The basic unit of palliative care  
NOTE Confidence: 0.886113641666667

00:06:24.276 --> 00:06:27.784 is a doctor, a nurse,  
NOTE Confidence: 0.886113641666667

00:06:27.784 --> 00:06:29.848 a social worker, and a chaplain.  
NOTE Confidence: 0.886113641666667

00:06:29.848 --> 00:06:32.700 And to be a true palliative care group,  
NOTE Confidence: 0.886113641666667

00:06:32.700 --> 00:06:35.356 all four of those need to be present.  
NOTE Confidence: 0.886113641666667

00:06:35.360 --> 00:06:37.508 And the reason is that we  
NOTE Confidence: 0.886113641666667

00:06:37.508 --> 00:06:38.940 all approach the person,  
NOTE Confidence: 0.886113641666667

00:06:38.940 --> 00:06:41.280 the patient, in different ways,

NOTE Confidence: 0.886113641666667  
00:06:41.280 --> 00:06:44.168 we have different training and we focus on  
NOTE Confidence: 0.886113641666667  
00:06:44.168 --> 00:06:46.578 different aspects of the patient's suffering.  
NOTE Confidence: 0.886113641666667  
00:06:46.580 --> 00:06:47.927 So for example,  
NOTE Confidence: 0.886113641666667  
00:06:47.927 --> 00:06:51.960 I guess about a year ago palliative medicine,  
NOTE Confidence: 0.886113641666667  
00:06:51.960 --> 00:06:52.568 palliative care,  
NOTE Confidence: 0.886113641666667  
00:06:52.568 --> 00:06:54.392 got consulted to a patient and  
NOTE Confidence: 0.886113641666667  
00:06:54.392 --> 00:06:56.300 when I went to talk with him,  
NOTE Confidence: 0.886113641666667  
00:06:56.300 --> 00:06:59.126 his biggest problem was the  
NOTE Confidence: 0.886113641666667  
00:06:59.126 --> 00:07:01.476 suffering he was going through  
NOTE Confidence: 0.886113641666667  
00:07:01.476 --> 00:07:04.500 of why is God doing this to me?  
NOTE Confidence: 0.886113641666667  
00:07:04.500 --> 00:07:06.660 And that was, as I said,  
NOTE Confidence: 0.886113641666667  
00:07:06.660 --> 00:07:07.980 the main point of his suffering.  
NOTE Confidence: 0.886113641666667  
00:07:07.980 --> 00:07:10.492 And I can talk to him a little  
NOTE Confidence: 0.886113641666667  
00:07:10.492 --> 00:07:11.600 bit about that,  
NOTE Confidence: 0.886113641666667  
00:07:11.600 --> 00:07:14.096 but I very quickly got my chaplain involved  
NOTE Confidence: 0.886113641666667

00:07:14.096 --> 00:07:16.116 because this was a type of suffering,  
NOTE Confidence: 0.886113641666667

00:07:16.120 --> 00:07:19.440 and my chaplain is much better trained to  
NOTE Confidence: 0.886113641666667

00:07:19.440 --> 00:07:22.585 treat that kind of suffering than I am.  
NOTE Confidence: 0.886113641666667

00:07:22.590 --> 00:07:25.050 Same with a social worker and nurse.  
NOTE Confidence: 0.886113641666667

00:07:25.050 --> 00:07:26.502 Their training is different,  
NOTE Confidence: 0.886113641666667

00:07:26.502 --> 00:07:29.347 they come at the person in a different  
NOTE Confidence: 0.886113641666667

00:07:29.347 --> 00:07:31.426 way and often they are able to  
NOTE Confidence: 0.886113641666667

00:07:31.426 --> 00:07:34.015 do things that I am not able to  
NOTE Confidence: 0.886113641666667

00:07:34.015 --> 00:07:35.724 because my training is different.  
NOTE Confidence: 0.886113641666667

00:07:35.724 --> 00:07:37.609 In addition, on our team,  
NOTE Confidence: 0.886113641666667

00:07:37.610 --> 00:07:39.070 we have a psychologist,  
NOTE Confidence: 0.886113641666667

00:07:39.070 --> 00:07:40.530 we have a pharmacist,  
NOTE Confidence: 0.886113641666667

00:07:40.530 --> 00:07:42.550 we have an art therapist.  
NOTE Confidence: 0.886113641666667

00:07:42.550 --> 00:07:46.550 We try and treat the patient's total  
NOTE Confidence: 0.886113641666667

00:07:46.550 --> 00:07:49.560 suffering in as many different ways as  
NOTE Confidence: 0.886113641666667

00:07:49.560 --> 00:07:52.565 is necessary and being part of Yale,

NOTE Confidence: 0.886113641666667  
00:07:52.570 --> 00:07:54.922 we also have nutritionists,  
NOTE Confidence: 0.886113641666667  
00:07:54.922 --> 00:07:56.686 integrative medicine specialists,  
NOTE Confidence: 0.886113641666667  
00:07:56.690 --> 00:07:58.730 and there are others who we can call,  
NOTE Confidence: 0.886113641666667  
00:07:58.730 --> 00:08:00.340 as you asked earlier about,  
NOTE Confidence: 0.886113641666667  
00:08:00.340 --> 00:08:02.730 like anesthesia pain if those  
NOTE Confidence: 0.886113641666667  
00:08:02.730 --> 00:08:04.642 specialties would be helpful.  
NOTE Confidence: 0.94024617875  
00:08:05.870 --> 00:08:08.734 And so it sounds like this is really,  
NOTE Confidence: 0.94024617875  
00:08:08.740 --> 00:08:10.640 quite remarkable, right,  
NOTE Confidence: 0.94024617875  
00:08:10.640 --> 00:08:14.710 because regardless of what the patient's  
NOTE Confidence: 0.94024617875  
00:08:14.710 --> 00:08:17.050 suffering comes from, whether it's a  
NOTE Confidence: 0.94024617875  
00:08:17.050 --> 00:08:20.142 spiritual existential crisis,  
NOTE Confidence: 0.94024617875  
00:08:20.142 --> 00:08:24.007 whether it is financial toxicity,  
NOTE Confidence: 0.94024617875  
00:08:24.010 --> 00:08:26.942 whether it is pain,  
NOTE Confidence: 0.94024617875  
00:08:26.942 --> 00:08:30.607 whether it is psychological distress,  
NOTE Confidence: 0.94024617875  
00:08:30.610 --> 00:08:32.525 there's somebody on your team  
NOTE Confidence: 0.94024617875

00:08:32.525 --> 00:08:35.370 who is able to help that patient

NOTE Confidence: 0.94024617875

00:08:35.370 --> 00:08:38.324 and the load doesn't fall on the

NOTE Confidence: 0.94024617875

00:08:38.324 --> 00:08:40.741 treating physician and similarly the

NOTE Confidence: 0.94024617875

00:08:40.741 --> 00:08:43.603 load doesn't fall on the patient.

NOTE Confidence: 0.94024617875

00:08:43.610 --> 00:08:45.685 So that sounds like that's

NOTE Confidence: 0.94024617875

00:08:45.685 --> 00:08:46.930 just an incredible resource.

NOTE Confidence: 0.94024617875

00:08:46.930 --> 00:08:48.860 But as you say,

NOTE Confidence: 0.94024617875

00:08:48.860 --> 00:08:51.464 this is something that you have at

NOTE Confidence: 0.94024617875

00:08:51.464 --> 00:08:53.900 a large academic center like Yale.

NOTE Confidence: 0.94024617875

00:08:53.900 --> 00:08:57.044 What do you do if you're in the

NOTE Confidence: 0.94024617875

00:08:57.044 --> 00:08:59.138 community and maybe you are

00:09:00.382 --> 00:09:03.280 a cancer patient who may be suffering

NOTE Confidence: 0.94024617875

00:09:03.369 --> 00:09:06.540 and you want to access palliative care,

NOTE Confidence: 0.94024617875

00:09:06.540 --> 00:09:08.016 how do you do that?

NOTE Confidence: 0.858337255238095

00:09:10.600 --> 00:09:12.112 Also a good question.

NOTE Confidence: 0.858337255238095

00:09:12.112 --> 00:09:14.949 So we are a relatively new specialty

NOTE Confidence: 0.858337255238095

00:09:14.949 --> 00:09:18.365 in that we've only been a recognized  
NOTE Confidence: 0.858337255238095

00:09:18.365 --> 00:09:20.421 specialty since about 2007.  
NOTE Confidence: 0.858337255238095

00:09:20.421 --> 00:09:24.027 And so many physicians and nurses  
NOTE Confidence: 0.858337255238095

00:09:24.027 --> 00:09:27.118 still don't know what we do.  
NOTE Confidence: 0.858337255238095

00:09:27.120 --> 00:09:29.560 It's getting less common,  
NOTE Confidence: 0.858337255238095

00:09:29.560 --> 00:09:31.877 but it still happens where it's suggested  
NOTE Confidence: 0.858337255238095

00:09:31.877 --> 00:09:34.439 to send a patient for a palliative  
NOTE Confidence: 0.858337255238095

00:09:34.439 --> 00:09:36.695 care consult and the response is,  
NOTE Confidence: 0.858337255238095

00:09:36.700 --> 00:09:38.326 oh no, it's much too early, the  
NOTE Confidence: 0.858337255238095

00:09:38.330 --> 00:09:41.178 patient isn't dying.  
NOTE Confidence: 0.858337255238095

00:09:41.178 --> 00:09:44.494 So the best way to get us involved  
NOTE Confidence: 0.858337255238095

00:09:44.494 --> 00:09:47.646 though is for the patient to ask the  
NOTE Confidence: 0.858337255238095

00:09:47.646 --> 00:09:50.195 doctor, whether it's a cardiologist  
NOTE Confidence: 0.858337255238095

00:09:50.195 --> 00:09:53.814 or their lung doctor or an oncologist.  
NOTE Confidence: 0.858337255238095

00:09:53.820 --> 00:09:55.950 Any of these certainly can have  
NOTE Confidence: 0.858337255238095

00:09:55.950 --> 00:09:58.420 access to help from palliative care,

NOTE Confidence: 0.858337255238095  
00:09:58.420 --> 00:10:00.120 especially as an inpatient  
NOTE Confidence: 0.858337255238095  
00:10:00.120 --> 00:10:02.245 when they're in the hospital.  
NOTE Confidence: 0.858337255238095  
00:10:02.250 --> 00:10:05.434 So asking for it,  
NOTE Confidence: 0.858337255238095  
00:10:05.434 --> 00:10:08.038 the hope is that the doctor will  
NOTE Confidence: 0.858337255238095  
00:10:08.038 --> 00:10:09.972 understand that it's appropriate.  
00:10:11.540 --> 00:10:13.240 And they will call us,  
NOTE Confidence: 0.858337255238095  
00:10:13.240 --> 00:10:15.545 but patients often need to  
NOTE Confidence: 0.858337255238095  
00:10:15.545 --> 00:10:18.383 ask doctors more and more are  
NOTE Confidence: 0.858337255238095  
00:10:18.383 --> 00:10:20.993 thinking about us as a helpful  
NOTE Confidence: 0.858337255238095  
00:10:20.993 --> 00:10:23.899 extra layer of support for them.  
NOTE Confidence: 0.858337255238095  
00:10:23.900 --> 00:10:26.288 But it still is  
NOTE Confidence: 0.858337255238095  
00:10:26.288 --> 00:10:28.390 helpful if the patient asks,  
NOTE Confidence: 0.912556335  
00:10:29.920 --> 00:10:31.780 is palliative care available  
NOTE Confidence: 0.912556335  
00:10:31.780 --> 00:10:33.640 on an outpatient basis?  
NOTE Confidence: 0.912556335  
00:10:33.640 --> 00:10:34.870 I mean, it sounds wonderful  
NOTE Confidence: 0.912556335  
00:10:34.870 --> 00:10:36.100 when you're in the hospital,



NOTE Confidence: 0.912556335

00:10:36.100 --> 00:10:38.698 but for many oncology

NOTE Confidence: 0.912556335

00:10:38.698 --> 00:10:40.496 patients they are

NOTE Confidence: 0.912556335

00:10:40.496 --> 00:10:41.984 at one point or another let

NOTE Confidence: 0.912556335

00:10:41.984 --> 00:10:43.279 out of the hospital.

NOTE Confidence: 0.912556335

00:10:43.280 --> 00:10:44.108 And for them,

NOTE Confidence: 0.912556335

00:10:44.108 --> 00:10:46.040 I can imagine that part of it

NOTE Confidence: 0.912556335

00:10:46.106 --> 00:10:47.901 gets even more burdensome because

NOTE Confidence: 0.912556335

00:10:47.901 --> 00:10:50.383 now they may feel like they are

NOTE Confidence: 0.912556335

00:10:50.383 --> 00:10:52.231 all alone having to deal with

NOTE Confidence: 0.912556335

00:10:52.231 --> 00:10:56.098 this with their family at home.

NOTE Confidence: 0.912556335

00:10:56.100 --> 00:10:59.376 Are there resources for outpatient

NOTE Confidence: 0.912556335

00:10:59.380 --> 00:11:00.500 palliative care?

NOTE Confidence: 0.738661208571429

00:11:00.750 --> 00:11:05.090 Yes, there certainly are for cancer patients.

NOTE Confidence: 0.738661208571429

00:11:05.090 --> 00:11:09.509 We have a clinic in Smilow in New Haven,

NOTE Confidence: 0.738661208571429

00:11:09.510 --> 00:11:12.714 but also in North Haven and

NOTE Confidence: 0.738661208571429

00:11:12.714 --> 00:11:14.636 other Smilow oncology clinics

NOTE Confidence: 0.738661208571429

00:11:14.636 --> 00:11:17.408 around this part of the state.

NOTE Confidence: 0.738661208571429

00:11:17.410 --> 00:11:20.245 And so we can have regular meetings

NOTE Confidence: 0.738661208571429

00:11:20.245 --> 00:11:22.760 with patients and they can avail

NOTE Confidence: 0.738661208571429

00:11:22.760 --> 00:11:24.380 themselves of telephone calls

NOTE Confidence: 0.738661208571429

00:11:24.380 --> 00:11:27.209 to us if they're home and their

NOTE Confidence: 0.738661208571429

00:11:27.209 --> 00:11:29.970 pain is worse and they need help.

NOTE Confidence: 0.738661208571429

00:11:29.970 --> 00:11:30.890 And quickly,

NOTE Confidence: 0.850711922727273

00:11:30.960 --> 00:11:32.766 and if people aren't at Yale

NOTE Confidence: 0.850711922727273

00:11:32.766 --> 00:11:34.680 and they're in the community,

NOTE Confidence: 0.850711922727273

00:11:34.680 --> 00:11:36.840 can they do the same kind of thing?

NOTE Confidence: 0.850711922727273

00:11:36.840 --> 00:11:39.560 Talk to their doctor and see if there's

NOTE Confidence: 0.850711922727273

00:11:39.560 --> 00:11:41.174 outpatient palliative care that they

NOTE Confidence: 0.850711922727273

00:11:41.174 --> 00:11:43.204 might be able to avail themselves of?

NOTE Confidence: 0.817630764444444

00:11:44.110 --> 00:11:47.045 Yes, definitely ask the oncologist

NOTE Confidence: 0.817630764444444

00:11:47.045 --> 00:11:51.092 because many of the sites now have

NOTE Confidence: 0.817630764444444

00:11:51.092 --> 00:11:54.476 palliative care available at that site.

NOTE Confidence: 0.817630764444444

00:11:54.480 --> 00:11:56.904 And if not, maybe they can see a

NOTE Confidence: 0.817630764444444

00:11:56.904 --> 00:11:59.058 physician at a different site.

NOTE Confidence: 0.923123613

00:12:00.300 --> 00:12:02.075 You know, one of the

NOTE Confidence: 0.923123613

00:12:02.075 --> 00:12:03.850 questions that comes up is

NOTE Confidence: 0.923123613

00:12:03.850 --> 00:12:05.490 it sounds like such a

NOTE Confidence: 0.923123613

00:12:05.490 --> 00:12:06.570 tremendous resource, right?

NOTE Confidence: 0.923123613

00:12:06.570 --> 00:12:08.250 You've got integrative oncology,

NOTE Confidence: 0.923123613

00:12:08.250 --> 00:12:10.718 you've got art therapy,

NOTE Confidence: 0.923123613

00:12:10.718 --> 00:12:14.420 you've got all of these people.

NOTE Confidence: 0.923123613

00:12:14.420 --> 00:12:16.460 Some people might be looking at this saying,

NOTE Confidence: 0.923123613

00:12:16.460 --> 00:12:18.884 wow, that sounds like such a

NOTE Confidence: 0.923123613

00:12:18.884 --> 00:12:20.500 tremendous resource and certainly

NOTE Confidence: 0.923123613

00:12:20.566 --> 00:12:22.256 an extra layer of support.

NOTE Confidence: 0.923123613

00:12:22.260 --> 00:12:25.204 But it's not free and at a time

NOTE Confidence: 0.923123613

00:12:25.204 --> 00:12:27.963 when people are facing really  
NOTE Confidence: 0.923123613

00:12:27.963 --> 00:12:31.178 expensive therapies and the financial  
NOTE Confidence: 0.923123613

00:12:31.178 --> 00:12:33.410 toxicity associated with that,  
NOTE Confidence: 0.923123613

00:12:33.410 --> 00:12:34.679 one may wonder,  
NOTE Confidence: 0.923123613

00:12:34.679 --> 00:12:37.217 is palliative care covered by insurance?  
NOTE Confidence: 0.786141265

00:12:38.480 --> 00:12:39.566 Great question.  
NOTE Confidence: 0.786141265

00:12:39.566 --> 00:12:41.738 Yes, insurance covers us.  
NOTE Confidence: 0.786141265

00:12:41.740 --> 00:12:45.010 We are paid basically the same  
NOTE Confidence: 0.786141265

00:12:45.010 --> 00:12:47.600 way that the oncologist is.  
NOTE Confidence: 0.786141265

00:12:47.600 --> 00:12:51.416 I don't know of any insurance, NOTE Confidence:  
0.786141265

00:12:51.420 --> 00:12:53.716 there may be some, but I don't know  
NOTE Confidence: 0.786141265

00:12:53.716 --> 00:12:56.787 of any insurance that is paying the  
NOTE Confidence: 0.786141265

00:12:56.787 --> 00:12:59.212 oncologist different from palliative care.  
NOTE Confidence: 0.786141265

00:12:59.220 --> 00:13:03.120 There usually is some sort of  
NOTE Confidence: 0.786141265

00:13:03.120 --> 00:13:06.198 payment at the beginning, but  
00:13:08.826 --> 00:13:10.820 insurance does pay for us.  
NOTE Confidence: 0.895432729230769

00:13:11.480 --> 00:13:12.212 Fantastic. Well,  
NOTE Confidence: 0.895432729230769

00:13:12.212 --> 00:13:14.408 we're going to take a short  
NOTE Confidence: 0.895432729230769

00:13:14.408 --> 00:13:16.370 break for a medical minute.  
NOTE Confidence: 0.895432729230769

00:13:16.370 --> 00:13:18.050 And on the other side,  
NOTE Confidence: 0.895432729230769

00:13:18.050 --> 00:13:19.650 we'll learn more about palliative  
NOTE Confidence: 0.895432729230769

00:13:19.650 --> 00:13:20.930 care with my guest,  
NOTE Confidence: 0.895432729230769

00:13:20.930 --> 00:13:22.079 Doctor Andrew Putnam.  
NOTE Confidence: 0.791418738

00:13:22.590 --> 00:13:24.600 Funding for Yale Cancer Answers  
NOTE Confidence: 0.791418738

00:13:24.600 --> 00:13:26.610 comes from Smilow Cancer Hospital,  
NOTE Confidence: 0.791418738

00:13:26.610 --> 00:13:28.266 where their one-of-a-kind.  
NOTE Confidence: 0.791418738

00:13:28.266 --> 00:13:29.370 Sexuality, intimacy,  
NOTE Confidence: 0.791418738

00:13:29.370 --> 00:13:31.770 and menopause program combines medical  
NOTE Confidence: 0.791418738

00:13:31.770 --> 00:13:33.210 and psychological interventions  
NOTE Confidence: 0.791418738

00:13:33.210 --> 00:13:35.640 for women who experience sexual  
NOTE Confidence: 0.791418738

00:13:35.640 --> 00:13:37.050 dysfunction after cancer.  
NOTE Confidence: 0.791418738

00:13:37.050 --> 00:13:40.940 [Smilowcancerhospital.org](http://Smilowcancerhospital.org).

NOTE Confidence: 0.791418738

00:13:40.940 --> 00:13:42.570 There are many obstacles to

NOTE Confidence: 0.791418738

00:13:42.570 --> 00:13:43.874 face when quitting smoking,

NOTE Confidence: 0.791418738

00:13:43.880 --> 00:13:46.918 as smoking involves the potent drug nicotine.

NOTE Confidence: 0.791418738

00:13:46.920 --> 00:13:48.695 Quitting smoking is a very

NOTE Confidence: 0.791418738

00:13:48.695 --> 00:13:49.760 important lifestyle change,

NOTE Confidence: 0.791418738

00:13:49.760 --> 00:13:51.239 especially for patients

NOTE Confidence: 0.791418738

00:13:51.239 --> 00:13:52.718 undergoing cancer treatment,

NOTE Confidence: 0.791418738

00:13:52.720 --> 00:13:55.000 as it's been shown to positively

NOTE Confidence: 0.791418738

00:13:55.000 --> 00:13:56.520 impact response to treatments,

NOTE Confidence: 0.791418738

00:13:56.520 --> 00:13:58.605 decrease the likelihood that patients

NOTE Confidence: 0.791418738

00:13:58.605 --> 00:14:00.273 will develop second malignancies,

NOTE Confidence: 0.791418738

00:14:00.280 --> 00:14:02.600 and increase rates of survival.

NOTE Confidence: 0.791418738

00:14:02.600 --> 00:14:04.795 Tobacco treatment programs are currently

NOTE Confidence: 0.791418738

00:14:04.795 --> 00:14:06.990 being offered at federally designated

NOTE Confidence: 0.791418738

00:14:07.052 --> 00:14:08.472 Comprehensive cancer centers such

NOTE Confidence: 0.791418738

00:14:08.472 --> 00:14:10.940 as Yale Cancer Center and Smilow  
NOTE Confidence: 0.791418738

00:14:10.940 --> 00:14:11.866 Cancer Hospital.  
NOTE Confidence: 0.791418738

00:14:11.866 --> 00:14:13.718 All treatment components are  
NOTE Confidence: 0.791418738

00:14:13.718 --> 00:14:16.014 evidence based and patients are  
NOTE Confidence: 0.791418738

00:14:16.014 --> 00:14:17.914 treated with FDA approved first  
NOTE Confidence: 0.791418738

00:14:17.914 --> 00:14:20.010 line medications as well as  
NOTE Confidence: 0.791418738

00:14:20.010 --> 00:14:22.038 smoking cessation counseling that  
NOTE Confidence: 0.791418738

00:14:22.038 --> 00:14:24.066 stresses appropriate coping skills.  
NOTE Confidence: 0.791418738

00:14:24.070 --> 00:14:26.470 More information is available  
NOTE Confidence: 0.791418738

00:14:26.470 --> 00:14:27.500 at [yalecancercenter.org](http://yalecancercenter.org).  
NOTE Confidence: 0.791418738

00:14:27.500 --> 00:14:30.080 You're listening to Connecticut public radio.  
NOTE Confidence: 0.821761625

00:14:31.760 --> 00:14:33.860 Welcome back to Yale Cancer Answers.  
NOTE Confidence: 0.821761625

00:14:33.860 --> 00:14:35.440 This is doctor Anees Chagpar  
NOTE Confidence: 0.821761625

00:14:35.440 --> 00:14:37.540 and I'm joined tonight by my guest,  
NOTE Confidence: 0.821761625

00:14:37.540 --> 00:14:38.746 Doctor Andrew Putnam.  
NOTE Confidence: 0.821761625

00:14:38.746 --> 00:14:41.560 We're talking about palliative care and pain

NOTE Confidence: 0.821761625

00:14:41.621 --> 00:14:44.237 and symptom management for cancer patients.

NOTE Confidence: 0.821761625

00:14:44.240 --> 00:14:46.354 And while we talked a lot prior

NOTE Confidence: 0.821761625

00:14:46.354 --> 00:14:48.419 to the break about how palliative

NOTE Confidence: 0.821761625

00:14:48.419 --> 00:14:50.597 care is really an extra layer

NOTE Confidence: 0.821761625

00:14:50.597 --> 00:14:52.957 of support for cancer patients,

NOTE Confidence: 0.821761625

00:14:52.960 --> 00:14:54.535 the next question I have for you,

NOTE Confidence: 0.821761625

00:14:54.540 --> 00:14:57.300 Andrew, is what about the caregivers?

NOTE Confidence: 0.821761625

00:14:57.300 --> 00:14:59.252 What about the family?

NOTE Confidence: 0.821761625

00:14:59.252 --> 00:15:01.692 Because so often they carry

NOTE Confidence: 0.821761625

00:15:01.700 --> 00:15:04.226 quite a bit of the load.

NOTE Confidence: 0.821761625

00:15:04.230 --> 00:15:06.478 Can you talk a little bit about

NOTE Confidence: 0.821761625

00:15:06.478 --> 00:15:08.538 the support that you can offer them?

NOTE Confidence: 0.80939143375

00:15:10.000 --> 00:15:11.330 Great question.

NOTE Confidence: 0.80939143375

00:15:11.330 --> 00:15:17.970 Family is so crucial to a patient's care.

NOTE Confidence: 0.80939143375

00:15:17.970 --> 00:15:19.380 I think oncologists,

NOTE Confidence: 0.80939143375



00:15:19.380 --> 00:15:20.790 palliative care doctors,  
NOTE Confidence: 0.80939143375

00:15:20.790 --> 00:15:23.968 certainly we want a caregiver to come  
NOTE Confidence: 0.80939143375

00:15:23.968 --> 00:15:27.026 with the patient to their meetings  
NOTE Confidence: 0.80939143375

00:15:27.026 --> 00:15:29.706 with their doctors when possible.  
NOTE Confidence: 0.80939143375

00:15:29.710 --> 00:15:31.110 They are what I call  
NOTE Confidence: 0.80939143375

00:15:31.110 --> 00:15:33.630 the external brain.  
NOTE Confidence: 0.80939143375

00:15:33.630 --> 00:15:34.918 They're the person who's  
NOTE Confidence: 0.80939143375

00:15:34.918 --> 00:15:36.206 there to remember things,  
NOTE Confidence: 0.80939143375

00:15:36.210 --> 00:15:37.690 to write things down.  
NOTE Confidence: 0.80939143375

00:15:37.690 --> 00:15:39.910 And this is very important because  
NOTE Confidence: 0.80939143375

00:15:39.980 --> 00:15:42.674 patients often have a tough time  
NOTE Confidence: 0.80939143375

00:15:42.674 --> 00:15:44.021 remembering everything that's  
NOTE Confidence: 0.80939143375

00:15:44.021 --> 00:15:46.100 going on given the medications  
NOTE Confidence: 0.80939143375

00:15:46.100 --> 00:15:48.045 they're given and given the  
NOTE Confidence: 0.80939143375

00:15:48.050 --> 00:15:50.426 amount of information that  
NOTE Confidence: 0.80939143375

00:15:50.426 --> 00:15:53.990 patients are given also at home,

NOTE Confidence: 0.80939143375

00:15:53.990 --> 00:15:56.650 they're crucial to the care at home.

NOTE Confidence: 0.80939143375

00:15:56.650 --> 00:15:58.385 I tell caregivers that

NOTE Confidence: 0.80939143375

00:15:58.385 --> 00:16:01.049 if you don't rest,

NOTE Confidence: 0.80939143375

00:16:01.050 --> 00:16:03.227 if you don't take care of yourself,

NOTE Confidence: 0.80939143375

00:16:03.230 --> 00:16:05.092 then you're not going to be able

NOTE Confidence: 0.80939143375

00:16:05.092 --> 00:16:07.358 to do the best job you can taking

NOTE Confidence: 0.80939143375

00:16:07.358 --> 00:16:09.717 care of your loved one and

NOTE Confidence: 0.80939143375

00:16:09.717 --> 00:16:11.803 so their care is going to suffer.

NOTE Confidence: 0.80939143375

00:16:11.810 --> 00:16:14.820 So sadly many caregivers feel that they

NOTE Confidence: 0.80939143375

00:16:14.820 --> 00:16:18.281 have to be there all the time, 24/7.

00:16:20.990 --> 00:16:24.510 They need self-care as well.

00:16:24.932 --> 00:16:27.464 It's also important for the patient

NOTE Confidence: 0.80939143375

00:16:27.464 --> 00:16:29.711 to understand how important the

NOTE Confidence: 0.80939143375

00:16:29.711 --> 00:16:32.417 caregiver is and also how much

NOTE Confidence: 0.80939143375

00:16:32.417 --> 00:16:34.420 suffering they're going through.

NOTE Confidence: 0.80939143375

00:16:34.420 --> 00:16:36.154 It's very clear that a patient

NOTE Confidence: 0.80939143375

00:16:36.154 --> 00:16:38.220 and we know we can see this,  
NOTE Confidence: 0.80939143375

00:16:38.220 --> 00:16:39.795 a patient is suffering when  
NOTE Confidence: 0.80939143375

00:16:39.795 --> 00:16:41.055 they have the disease,  
NOTE Confidence: 0.80939143375

00:16:41.060 --> 00:16:42.890 when they get treatment and how  
NOTE Confidence: 0.80939143375

00:16:42.890 --> 00:16:44.620 much suffering they go through.  
NOTE Confidence: 0.80939143375

00:16:44.620 --> 00:16:47.060 But what's really important for  
NOTE Confidence: 0.80939143375

00:16:47.060 --> 00:16:49.500 the patient and the medical  
NOTE Confidence: 0.80939143375

00:16:49.586 --> 00:16:52.166 team to understand is that the  
NOTE Confidence: 0.80939143375

00:16:52.166 --> 00:16:54.800 caregiver is also suffering.  
NOTE Confidence: 0.80939143375

00:16:54.800 --> 00:16:57.488 The example I use when I talk to  
NOTE Confidence: 0.80939143375

00:16:57.488 --> 00:16:59.632 patients and caregivers is you know  
NOTE Confidence: 0.80939143375

00:16:59.632 --> 00:17:02.808 in the old movies  
NOTE Confidence: 0.80939143375

00:17:02.808 --> 00:17:04.593 when they capture the professor  
NOTE Confidence: 0.80939143375

00:17:04.600 --> 00:17:06.550 who has the secret formula?  
NOTE Confidence: 0.80939143375

00:17:06.550 --> 00:17:08.290 They usually don't torture him,  
NOTE Confidence: 0.80939143375

00:17:08.290 --> 00:17:10.070 they torture his family,

NOTE Confidence: 0.80939143375

00:17:10.070 --> 00:17:11.990 his kids, his wife.

NOTE Confidence: 0.80939143375

00:17:11.990 --> 00:17:15.080 Because watching someone you love suffer

NOTE Confidence: 0.80939143375

00:17:15.080 --> 00:17:18.746 is in many ways more difficult

NOTE Confidence: 0.80939143375

00:17:18.746 --> 00:17:20.579 than suffering yourself.

NOTE Confidence: 0.80939143375

00:17:20.580 --> 00:17:22.600 So we support the family,

NOTE Confidence: 0.80939143375

00:17:22.600 --> 00:17:26.156 we have groups to help family members,

NOTE Confidence: 0.80939143375

00:17:26.160 --> 00:17:28.778 we have groups for patients as well.

00:17:30.930 --> 00:17:33.114 I can't say enough about how

NOTE Confidence: 0.80939143375

00:17:33.114 --> 00:17:34.923 important the caregiver and the

NOTE Confidence: 0.80939143375

00:17:34.923 --> 00:17:37.179 family is in the care of a patient.

00:17:41.000 --> 00:17:45.518 I think that goes hand in hand with why

NOTE Confidence: 0.8153967233333333

00:17:45.518 --> 00:17:48.499 caregivers often suffer burnout because

NOTE Confidence: 0.8153967233333333

00:17:48.499 --> 00:17:52.560 they know that the patient can see

NOTE Confidence: 0.8153967233333333

00:17:52.560 --> 00:17:54.504 that they are suffering and they

NOTE Confidence: 0.8153967233333333

00:17:54.504 --> 00:17:56.960 don't want to appear as though they're

NOTE Confidence: 0.8153967233333333

00:17:56.960 --> 00:17:59.156 suffering because they know that that

NOTE Confidence: 0.8153967233333333

00:17:59.156 --> 00:18:01.608 will exacerbate the patient suffering.  
NOTE Confidence: 0.8153967233333333

00:18:01.610 --> 00:18:03.920 And the patient's already suffering with  
NOTE Confidence: 0.8153967233333333

00:18:03.920 --> 00:18:05.966 cancer, so they don't want to make it worse.  
NOTE Confidence: 0.8153967233333333

00:18:05.970 --> 00:18:09.344 And so the caregiver tends to take  
NOTE Confidence: 0.8153967233333333

00:18:09.344 --> 00:18:12.690 on more to show that, you know what,  
NOTE Confidence: 0.8153967233333333

00:18:12.690 --> 00:18:14.906 this is. OK, I've got it.  
NOTE Confidence: 0.8153967233333333

00:18:14.906 --> 00:18:16.726 When in fact, you know,  
NOTE Confidence: 0.8153967233333333

00:18:16.726 --> 00:18:18.274 they they may need a bit  
NOTE Confidence: 0.8153967233333333

00:18:18.274 --> 00:18:19.460 of self-care themselves.  
NOTE Confidence: 0.72412912

00:18:20.010 --> 00:18:22.638 Yes, caregiver burnout is  
NOTE Confidence: 0.72412912

00:18:22.638 --> 00:18:26.050 such an important topic and one  
NOTE Confidence: 0.72412912

00:18:26.050 --> 00:18:29.410 that is not thought about very much.  
NOTE Confidence: 0.72412912

00:18:29.410 --> 00:18:32.315 But yes, the caregiver needs self-care.  
NOTE Confidence: 0.72412912

00:18:32.320 --> 00:18:36.429 They need some time to be able to go out and  
NOTE Confidence: 0.72412912

00:18:36.429 --> 00:18:39.775 do something for themselves to take their  
NOTE Confidence: 0.72412912

00:18:39.775 --> 00:18:43.478 mind off what's going on when possible.

NOTE Confidence: 0.72412912

00:18:43.480 --> 00:18:47.830 Patients and caregivers,

NOTE Confidence: 0.72412912

00:18:47.830 --> 00:18:49.738 both of them have

NOTE Confidence: 0.72412912

00:18:49.738 --> 00:18:52.123 thoughts about things that they

NOTE Confidence: 0.72412912

00:18:52.123 --> 00:18:54.649 don't want to tell the other.

NOTE Confidence: 0.72412912

00:18:54.650 --> 00:18:56.225 Both of them have fears

NOTE Confidence: 0.72412912

00:18:56.225 --> 00:18:57.485 about what might happen,

NOTE Confidence: 0.72412912

00:18:57.490 --> 00:18:59.788 and often they're the same fears.

NOTE Confidence: 0.72412912

00:18:59.790 --> 00:19:01.870 So for patients and caregivers,

NOTE Confidence: 0.72412912

00:19:01.870 --> 00:19:05.502 I usually encourage them to talk with each

NOTE Confidence: 0.72412912

00:19:05.502 --> 00:19:08.850 other about what's going on because yes,

NOTE Confidence: 0.72412912

00:19:08.850 --> 00:19:11.842 it's fine for the caregiver to try and

NOTE Confidence: 0.72412912

00:19:11.842 --> 00:19:14.709 appear totally strong and able to do things.

NOTE Confidence: 0.72412912

00:19:14.710 --> 00:19:17.034 And frankly, if it's a Hospice patient

NOTE Confidence: 0.72412912

00:19:17.034 --> 00:19:19.926 and near the end of life, that's possible.

NOTE Confidence: 0.72412912

00:19:19.926 --> 00:19:23.064 But by far more patients,

NOTE Confidence: 0.72412912

00:19:23.070 --> 00:19:25.152 it's a much longer time that  
NOTE Confidence: 0.72412912

00:19:25.152 --> 00:19:27.559 they're going to be in treatment,  
NOTE Confidence: 0.72412912

00:19:27.560 --> 00:19:29.230 they're going to need care.  
NOTE Confidence: 0.72412912

00:19:29.230 --> 00:19:31.925 And so if it's not a sprint,  
NOTE Confidence: 0.72412912

00:19:31.930 --> 00:19:33.568 the caregiver has to take care  
NOTE Confidence: 0.72412912

00:19:33.568 --> 00:19:35.180 of him or herself as well.  
NOTE Confidence: 0.900624343846154

00:19:35.880 --> 00:19:40.360 And the other thing I think too is that  
NOTE Confidence: 0.900624343846154

00:19:40.465 --> 00:19:44.100 for some patients given a diagnosis and  
NOTE Confidence: 0.900624343846154

00:19:44.100 --> 00:19:48.690 I know I'm thinking of a particular friend  
NOTE Confidence: 0.900624343846154

00:19:48.690 --> 00:19:52.837 of mine whose husband was fairly young,  
NOTE Confidence: 0.900624343846154

00:19:52.837 --> 00:19:57.560 in his early 50s with a really poorly  
NOTE Confidence: 0.900624343846154

00:19:57.560 --> 00:20:02.564 differentiated sarcoma and the bad prognosis.  
NOTE Confidence: 0.900624343846154

00:20:02.570 --> 00:20:05.658 But was left in a bit of denial,  
NOTE Confidence: 0.900624343846154

00:20:05.660 --> 00:20:09.218 like this can't possibly be happening.  
NOTE Confidence: 0.900624343846154

00:20:09.220 --> 00:20:13.549 And can you talk a little bit about how  
NOTE Confidence: 0.900624343846154

00:20:13.549 --> 00:20:17.241 palliative care can kind of help patients

NOTE Confidence: 0.900624343846154  
00:20:17.241 --> 00:20:20.380 and caregivers accept a diagnosis?  
NOTE Confidence: 0.900624343846154  
00:20:20.380 --> 00:20:22.228 Because I think that that's one  
NOTE Confidence: 0.900624343846154  
00:20:22.228 --> 00:20:24.640 of the the most important things.  
NOTE Confidence: 0.900624343846154  
00:20:24.640 --> 00:20:27.368 You can't really treat what you can't accept.  
NOTE Confidence: 0.846338178333333  
00:20:28.780 --> 00:20:31.936 Well, that's a really good point.  
NOTE Confidence: 0.846338178333333  
00:20:31.940 --> 00:20:35.230 First, I would say that different from  
NOTE Confidence: 0.846338178333333  
00:20:35.230 --> 00:20:39.550 the person you said often people who  
NOTE Confidence: 0.846338178333333  
00:20:39.550 --> 00:20:42.750 we think are in denial aren't in denial.  
NOTE Confidence: 0.846338178333333  
00:20:42.750 --> 00:20:45.982 In that many patients I ask to see  
NOTE Confidence: 0.846338178333333  
00:20:45.982 --> 00:20:48.334 because they say,  
NOTE Confidence: 0.846338178333333  
00:20:48.334 --> 00:20:49.714 they're not facing their disease.  
NOTE Confidence: 0.846338178333333  
00:20:49.720 --> 00:20:50.628 They're not in denial.  
NOTE Confidence: 0.846338178333333  
00:20:50.628 --> 00:20:52.549 And when I go and talk with them,  
NOTE Confidence: 0.846338178333333  
00:20:52.550 --> 00:20:54.290 the patient says, Oh no,  
NOTE Confidence: 0.846338178333333  
00:20:54.290 --> 00:20:56.126 doc, I know what's going on.  
NOTE Confidence: 0.846338178333333



00:20:56.130 --> 00:20:58.749 I've got this cancer. I have to get treated.

NOTE Confidence: 0.846338178333333

00:20:58.750 --> 00:21:00.366 If I don't, it's going to kill me.

00:21:01.962 --> 00:21:03.952 I'm trying to be positive.

NOTE Confidence: 0.846338178333333

00:21:03.960 --> 00:21:07.380 I'm trying to do the very best I can and,

NOTE Confidence: 0.846338178333333

00:21:07.380 --> 00:21:10.621 you know, go at this disease in

NOTE Confidence: 0.846338178333333

00:21:10.621 --> 00:21:13.783 a really active way and hoping

NOTE Confidence: 0.846338178333333

00:21:13.783 --> 00:21:16.558 and thinking about beating it.

NOTE Confidence: 0.846338178333333

00:21:16.560 --> 00:21:18.444 And that's not denial.

NOTE Confidence: 0.846338178333333

00:21:18.444 --> 00:21:20.252 For the patients, however,

NOTE Confidence: 0.846338178333333

00:21:20.252 --> 00:21:23.388 who really can't accept that they have it,

NOTE Confidence: 0.846338178333333

00:21:23.390 --> 00:21:24.509 then, you know,

NOTE Confidence: 0.846338178333333

00:21:24.509 --> 00:21:27.596 trying to beat them over the head to

NOTE Confidence: 0.846338178333333

00:21:27.596 --> 00:21:29.972 get them to understand that isn't

NOTE Confidence: 0.846338178333333

00:21:29.972 --> 00:21:32.990 really going to make a huge difference.

NOTE Confidence: 0.846338178333333

00:21:32.990 --> 00:21:36.427 And so trying to work with them

NOTE Confidence: 0.846338178333333

00:21:36.427 --> 00:21:39.548 gently in a way to, you know,

NOTE Confidence: 0.846338178333333

00:21:39.548 --> 00:21:41.732 with open-ended questions when we see  
NOTE Confidence: 0.846338178333333

00:21:41.732 --> 00:21:44.709 them to try and get them to at least  
NOTE Confidence: 0.846338178333333

00:21:44.709 --> 00:21:46.442 think about what's happening with  
NOTE Confidence: 0.846338178333333

00:21:46.442 --> 00:21:48.990 their bodies and how important it can  
NOTE Confidence: 0.846338178333333

00:21:48.990 --> 00:21:51.676 be to get treatment for their family,  
NOTE Confidence: 0.846338178333333

00:21:51.680 --> 00:21:52.778 etcetera. But.  
NOTE Confidence: 0.846338178333333

00:21:52.778 --> 00:21:55.523 I certainly have some patients  
NOTE Confidence: 0.846338178333333

00:21:55.523 --> 00:21:58.850 who have ended up dying  
NOTE Confidence: 0.846338178333333

00:21:58.850 --> 00:22:02.030 eventually and still couldn't face it.  
00:22:04.020 --> 00:22:07.436 Or they can't accept the  
NOTE Confidence: 0.787842274

00:22:07.436 --> 00:22:10.874 prognosis and sometimes  
NOTE Confidence: 0.787842274

00:22:10.874 --> 00:22:16.352 when faced with a really poor  
NOTE Confidence: 0.787842274

00:22:16.352 --> 00:22:20.774 prognosis it is absolutely  
NOTE Confidence: 0.787842274

00:22:20.780 --> 00:22:24.700 something to try to  
NOTE Confidence: 0.787842274

00:22:24.700 --> 00:22:28.332 fight a disease and certainly  
NOTE Confidence: 0.787842274

00:22:28.332 --> 00:22:31.390 we have many therapies coming down  
NOTE Confidence: 0.787842274

00:22:31.390 --> 00:22:33.850 the Pike and clinical trials.  
NOTE Confidence: 0.787842274

00:22:33.850 --> 00:22:36.620 Which can certainly be helpful.  
NOTE Confidence: 0.787842274

00:22:36.620 --> 00:22:38.000 But at the same time,  
NOTE Confidence: 0.787842274

00:22:38.000 --> 00:22:40.346 given a certain diagnosis  
NOTE Confidence: 0.787842274

00:22:40.346 --> 00:22:42.480 at a certain time point,  
NOTE Confidence: 0.787842274

00:22:42.480 --> 00:22:46.778 I find that patients need to accept  
NOTE Confidence: 0.787842274

00:22:46.780 --> 00:22:49.468 the eventualities as they are unfolding  
NOTE Confidence: 0.787842274

00:22:49.468 --> 00:22:52.592 and sometimes that can be really hard  
NOTE Confidence: 0.787842274

00:22:52.592 --> 00:22:55.100 both for patients and for caregivers.  
NOTE Confidence: 0.787842274

00:22:55.100 --> 00:22:57.660 Can you talk about how you address that  
NOTE Confidence: 0.787842274

00:22:57.660 --> 00:23:00.126 in terms of end of life and getting  
NOTE Confidence: 0.787842274

00:23:00.126 --> 00:23:02.969 people to kind of come to terms with that?  
NOTE Confidence: 0.843714716666667

00:23:04.670 --> 00:23:07.286 Well, I guess where I start,  
NOTE Confidence: 0.843714716666667

00:23:07.290 --> 00:23:09.826 and I will often say this to patients,  
NOTE Confidence: 0.843714716666667

00:23:09.830 --> 00:23:13.142 is that the The Dirty secret of medicine  
NOTE Confidence: 0.843714716666667

00:23:13.142 --> 00:23:16.909 is that none of us get out of here alive.

NOTE Confidence: 0.843714716666667  
00:23:16.910 --> 00:23:19.670 Everybody, at least in 2022,  
NOTE Confidence: 0.843714716666667  
00:23:19.670 --> 00:23:22.100 with no fountain of youth that I know of,  
NOTE Confidence: 0.843714716666667  
00:23:22.100 --> 00:23:24.837 everybody is going to die one day.  
NOTE Confidence: 0.843714716666667  
00:23:24.840 --> 00:23:27.976 And so the question is not if,  
NOTE Confidence: 0.843714716666667  
00:23:27.980 --> 00:23:31.692 the question is how and when and  
NOTE Confidence: 0.843714716666667  
00:23:31.692 --> 00:23:35.400 how is it going to be at the end.  
NOTE Confidence: 0.843714716666667  
00:23:35.400 --> 00:23:40.723 And so I start from there and say, OK,  
NOTE Confidence: 0.843714716666667  
00:23:40.723 --> 00:23:44.524 we have an uncertain amount of time  
NOTE Confidence: 0.843714716666667  
00:23:44.530 --> 00:23:46.644 that you're going to be alive.  
NOTE Confidence: 0.843714716666667  
00:23:46.650 --> 00:23:47.858 I have no idea.  
NOTE Confidence: 0.843714716666667  
00:23:47.858 --> 00:23:49.838 It could be days, could be weeks,  
NOTE Confidence: 0.843714716666667  
00:23:49.838 --> 00:23:51.930 could be months, could be years.  
NOTE Confidence: 0.843714716666667  
00:23:51.930 --> 00:23:54.034 That's possible. I'd be surprised,  
NOTE Confidence: 0.843714716666667  
00:23:54.034 --> 00:23:55.666 but it's certainly possible.  
NOTE Confidence: 0.843714716666667  
00:23:55.670 --> 00:23:58.486 And so how are we going to give  
NOTE Confidence: 0.843714716666667

00:23:58.486 --> 00:24:01.190 you the best quality of life  
NOTE Confidence: 0.843714716666667

00:24:01.190 --> 00:24:03.674 hat you can have during this  
NOTE Confidence: 0.843714716666667

00:24:03.674 --> 00:24:05.330 uncertain amount of time?  
NOTE Confidence: 0.843714716666667

00:24:05.330 --> 00:24:08.368 And it's hard because we don't know  
NOTE Confidence: 0.843714716666667

00:24:08.370 --> 00:24:10.752 how long someone's  
NOTE Confidence: 0.843714716666667

00:24:10.752 --> 00:24:12.763 going to live,  
NOTE Confidence: 0.843714716666667

00:24:12.763 --> 00:24:15.267 I could die right now from a heart  
NOTE Confidence: 0.843714716666667

00:24:15.267 --> 00:24:17.349 attack while I'm talking to you.  
NOTE Confidence: 0.843714716666667

00:24:17.350 --> 00:24:19.726 It's certainly possible.  
NOTE Confidence: 0.843714716666667

00:24:19.726 --> 00:24:23.990 Working with patients to say  
NOTE Confidence: 0.843714716666667

00:24:23.990 --> 00:24:26.006 we can't stop you from dying.  
NOTE Confidence: 0.843714716666667

00:24:26.010 --> 00:24:28.310 But the oncologist is pushing,  
NOTE Confidence: 0.843714716666667

00:24:28.310 --> 00:24:30.902 trying to push your life as long as possible.  
NOTE Confidence: 0.843714716666667

00:24:30.910 --> 00:24:33.070 And if there isn't more treatment  
NOTE Confidence: 0.843714716666667

00:24:33.070 --> 00:24:36.030 and it is a Hospice situation,  
NOTE Confidence: 0.843714716666667

00:24:36.030 --> 00:24:38.900 then working with the patient again for

NOTE Confidence: 0.843714716666667

00:24:38.900 --> 00:24:41.534 however long they're going to live to

NOTE Confidence: 0.843714716666667

00:24:41.534 --> 00:24:43.922 make them as comfortable as they can

NOTE Confidence: 0.843714716666667

00:24:43.922 --> 00:24:46.378 and to help them do whatever they need

NOTE Confidence: 0.843714716666667

00:24:46.378 --> 00:24:49.196 to do before the end of their life.

NOTE Confidence: 0.906313463529412

00:24:50.380 --> 00:24:51.970 And talk a little bit about

NOTE Confidence: 0.906313463529412

00:24:51.970 --> 00:24:53.846 how you help the family members

NOTE Confidence: 0.906313463529412

00:24:53.846 --> 00:24:55.736 and the caregivers with that,

NOTE Confidence: 0.906313463529412

00:24:55.740 --> 00:24:58.134 because I think that that's the other

NOTE Confidence: 0.906313463529412

00:24:58.134 --> 00:25:00.765 piece that is really tragic, right?

NOTE Confidence: 0.906313463529412

00:25:00.765 --> 00:25:03.145 Is that watching somebody

NOTE Confidence: 0.906313463529412

00:25:03.145 --> 00:25:06.120 that you love pass away

NOTE Confidence: 0.906313463529412

00:25:06.120 --> 00:25:08.250 is almost worse than passing

NOTE Confidence: 0.906313463529412

00:25:08.250 --> 00:25:09.528 away yourself sometimes.

NOTE Confidence: 0.753824828

00:25:10.630 --> 00:25:13.950 Yeah, certainly

NOTE Confidence: 0.753824828

00:25:13.950 --> 00:25:15.926 you were talking or we

NOTE Confidence: 0.753824828

00:25:15.926 --> 00:25:17.831 were both talking about patients not  
NOTE Confidence: 0.753824828

00:25:17.831 --> 00:25:19.853 being able to face their disease.  
NOTE Confidence: 0.753824828

00:25:19.860 --> 00:25:20.970 Well, there's also,  
NOTE Confidence: 0.753824828

00:25:20.970 --> 00:25:22.820 there are also caregivers and  
NOTE Confidence: 0.753824828

00:25:22.820 --> 00:25:24.519 families who can't really face  
NOTE Confidence: 0.753824828

00:25:24.519 --> 00:25:26.605 that their loved one is sick and  
NOTE Confidence: 0.753824828

00:25:26.673 --> 00:25:28.605 that they have a cancer that  
NOTE Confidence: 0.753824828

00:25:28.605 --> 00:25:31.384 they're probably going to die from.  
NOTE Confidence: 0.753824828

00:25:31.384 --> 00:25:35.094 And so again having groups,  
NOTE Confidence: 0.753824828

00:25:35.100 --> 00:25:37.296 I strongly recommend going to  
NOTE Confidence: 0.753824828

00:25:37.296 --> 00:25:39.933 a group of people who have loved  
NOTE Confidence: 0.753824828

00:25:39.933 --> 00:25:42.495 ones who have a similar disease or  
NOTE Confidence: 0.753824828

00:25:42.570 --> 00:25:44.958 the same disease lung cancer or  
NOTE Confidence: 0.753824828

00:25:44.960 --> 00:25:45.884 liver cancer,  
NOTE Confidence: 0.753824828

00:25:45.884 --> 00:25:49.118 in order to compare notes with other  
NOTE Confidence: 0.753824828

00:25:49.118 --> 00:25:52.427 people and the talking about it can help.

NOTE Confidence: 0.753824828

00:25:52.430 --> 00:25:54.515 It can help with understanding

NOTE Confidence: 0.753824828

00:25:54.515 --> 00:25:55.766 what's going on.

NOTE Confidence: 0.753824828

00:25:55.770 --> 00:25:57.432 It can really help knowing that

NOTE Confidence: 0.753824828

00:25:57.432 --> 00:25:59.134 there are other people who are

NOTE Confidence: 0.753824828

00:25:59.134 --> 00:26:00.489 going through the same thing.

NOTE Confidence: 0.753824828

00:26:00.490 --> 00:26:01.954 You're not alone.

NOTE Confidence: 0.753824828

00:26:01.954 --> 00:26:02.930 There are others

00:26:05.290 --> 00:26:07.986 but it can be really hard and that

NOTE Confidence: 0.753824828

00:26:07.986 --> 00:26:10.777 makes it more hard on the patient

NOTE Confidence: 0.753824828

00:26:10.777 --> 00:26:13.370 if the family and caregiver can't

NOTE Confidence: 0.753824828

00:26:13.370 --> 00:26:15.850 understand what's going to happen.

NOTE Confidence: 0.753824828

00:26:15.850 --> 00:26:19.250 You don't want to, but yeah,

NOTE Confidence: 0.753824828

00:26:19.250 --> 00:26:22.016 we need our social worker, chaplain.

NOTE Confidence: 0.753824828

00:26:22.020 --> 00:26:24.057 We all try and support the person

NOTE Confidence: 0.753824828

00:26:24.057 --> 00:26:25.638 while gently helping them come

NOTE Confidence: 0.753824828

00:26:25.638 --> 00:26:26.610 to an understanding.



NOTE Confidence: 0.807035781666667  
00:26:26.660 --> 00:26:29.498 Yeah, the other situation I think,  
NOTE Confidence: 0.807035781666667  
00:26:29.500 --> 00:26:32.986 which is particularly tragic is the  
NOTE Confidence: 0.807035781666667  
00:26:32.986 --> 00:26:36.090 patient who doesn't have family.  
NOTE Confidence: 0.807035781666667  
00:26:36.090 --> 00:26:38.267 What do you do in that circumstance?  
NOTE Confidence: 0.807035781666667  
00:26:38.270 --> 00:26:41.390 We talked about how important having  
NOTE Confidence: 0.807035781666667  
00:26:41.390 --> 00:26:44.818 caregivers and loved ones and family  
NOTE Confidence: 0.807035781666667  
00:26:44.818 --> 00:26:48.090 with you as you go through cancer is.  
NOTE Confidence: 0.807035781666667  
00:26:48.090 --> 00:26:50.540 Talk about what do you do in  
NOTE Confidence: 0.807035781666667  
00:26:50.540 --> 00:26:52.149 the situation where somebody  
NOTE Confidence: 0.807035781666667  
00:26:52.149 --> 00:26:54.579 doesn't have that support.  
NOTE Confidence: 0.833183627142857  
00:26:55.960 --> 00:26:58.788 That can be tragic.  
NOTE Confidence: 0.833183627142857  
00:26:58.790 --> 00:27:02.198 First I guess we try and  
NOTE Confidence: 0.833183627142857  
00:27:02.198 --> 00:27:05.887 figure out if there really is no family.  
NOTE Confidence: 0.833183627142857  
00:27:05.890 --> 00:27:08.044 And often it's whoever the best  
NOTE Confidence: 0.833183627142857  
00:27:08.044 --> 00:27:10.823 person is in our team for talking  
NOTE Confidence: 0.833183627142857

00:27:10.823 --> 00:27:12.928 with the patient about this.  
NOTE Confidence: 0.833183627142857

00:27:12.930 --> 00:27:14.750 Sometimes there are children,  
NOTE Confidence: 0.833183627142857

00:27:14.750 --> 00:27:16.570 there are adult children,  
NOTE Confidence: 0.833183627142857

00:27:16.570 --> 00:27:18.390 but they have  
NOTE Confidence: 0.833183627142857

00:27:18.390 --> 00:27:20.300 not talked in 10 years  
NOTE Confidence: 0.833183627142857

00:27:20.300 --> 00:27:21.828 or something like that.  
NOTE Confidence: 0.833183627142857

00:27:21.830 --> 00:27:24.122 And so there are times when  
NOTE Confidence: 0.833183627142857

00:27:24.122 --> 00:27:26.020 there actually is family and  
NOTE Confidence: 0.833183627142857

00:27:26.020 --> 00:27:29.620 we try and encourage them to talk to the  
NOTE Confidence: 0.833183627142857

00:27:29.620 --> 00:27:32.835 family and say, this is what's going on,  
NOTE Confidence: 0.833183627142857

00:27:32.840 --> 00:27:33.700 if necessary,  
NOTE Confidence: 0.833183627142857

00:27:33.700 --> 00:27:36.710 I'm sorry for what I did and  
NOTE Confidence: 0.833183627142857

00:27:36.710 --> 00:27:38.912 trying to encourage that person  
NOTE Confidence: 0.833183627142857

00:27:38.912 --> 00:27:41.438 to come and be part of this,  
NOTE Confidence: 0.833183627142857

00:27:41.968 --> 00:27:44.451 to be a caregiver or at least to take  
NOTE Confidence: 0.833183627142857

00:27:44.451 --> 00:27:46.859 part in the rest of the person's life.

NOTE Confidence: 0.833183627142857  
00:27:46.860 --> 00:27:49.662 That is possible. If there is really  
NOTE Confidence: 0.833183627142857  
00:27:49.662 --> 00:27:52.680 nobody in the family,  
NOTE Confidence: 0.833183627142857  
00:27:52.680 --> 00:27:56.320 everyone has already died or only children  
NOTE Confidence: 0.833183627142857  
00:27:56.320 --> 00:27:57.720 and no parents left,  
NOTE Confidence: 0.937669474705882  
00:27:59.940 --> 00:28:01.885 again, trying to figure  
NOTE Confidence: 0.937669474705882  
00:28:01.885 --> 00:28:04.699 out how best to take care of  
NOTE Confidence: 0.937669474705882  
00:28:04.699 --> 00:28:06.674 this person at the beginning,  
NOTE Confidence: 0.937669474705882  
00:28:06.680 --> 00:28:08.972 and for much of it, they may be fine.  
NOTE Confidence: 0.937669474705882  
00:28:08.972 --> 00:28:11.400 They're able to live on their own,  
NOTE Confidence: 0.937669474705882  
00:28:11.400 --> 00:28:13.717 but when they're not able to anymore,  
NOTE Confidence: 0.937669474705882  
00:28:13.720 --> 00:28:15.148 when they're getting weak,  
NOTE Confidence: 0.937669474705882  
00:28:15.148 --> 00:28:16.933 if they're going to die,  
NOTE Confidence: 0.937669474705882  
00:28:16.940 --> 00:28:19.808 that's when we get Hospice involved  
NOTE Confidence: 0.937669474705882  
00:28:19.808 --> 00:28:22.634 and with them hopefully try and  
NOTE Confidence: 0.937669474705882  
00:28:22.634 --> 00:28:24.714 figure out what is possible.  
NOTE Confidence: 0.937669474705882

00:28:24.720 --> 00:28:27.000 How do we make sure that this person  
NOTE Confidence: 0.937669474705882

00:28:27.000 --> 00:28:29.026 gets the best care that we can?  
NOTE Confidence: 0.937669474705882

00:28:29.030 --> 00:28:31.080 Even though  
NOTE Confidence: 0.937669474705882

00:28:31.080 --> 00:28:33.058 there isn't a family member.  
NOTE Confidence: 0.909922793125

00:28:33.360 --> 00:28:35.646 Doctor Andrew Putnam is an assistant  
NOTE Confidence: 0.909922793125

00:28:35.646 --> 00:28:37.170 professor of clinical medicine  
NOTE Confidence: 0.909922793125

00:28:37.234 --> 00:28:38.998 at the Yale School of Medicine.  
NOTE Confidence: 0.909922793125

00:28:39.000 --> 00:28:41.056 If you have questions,  
NOTE Confidence: 0.909922793125

00:28:41.056 --> 00:28:43.068 the address is canceranswers@yale.edu,  
NOTE Confidence: 0.909922793125

00:28:43.068 --> 00:28:45.876 and past editions of the program  
NOTE Confidence: 0.909922793125

00:28:45.876 --> 00:28:48.306 are available in audio and written  
NOTE Confidence: 0.909922793125

00:28:48.306 --> 00:28:49.254 form at yalecancercenter.org.  
NOTE Confidence: 0.909922793125

00:28:49.254 --> 00:28:51.686 We hope you'll join us next week to  
NOTE Confidence: 0.909922793125

00:28:51.686 --> 00:28:53.539 learn more about the fight against  
NOTE Confidence: 0.909922793125

00:28:53.539 --> 00:28:55.380 cancer here on Connecticut Public Radio.  
NOTE Confidence: 0.909922793125

00:28:55.380 --> 00:28:57.756 Funding for Yale Cancer Answers is

NOTE Confidence: 0.909922793125

00:28:57.756 --> 00:29:00.000 provided by Smilow Cancer Hospital.